MCAT Physics - Core Concept Cheat Sheet

07: Force and Motion	
Typical Key Metric Units	
 Acceleration: m/s², m/s/s Time: seconds, s Force: Newtons, N Mass: kilograms, kg Coefficient of friction: no units 	
Newton's Laws	
 Newton's 1st law : An object at rest wants to stay at rest, an object in motion tends to stay in motion; inertia. Newton's 2nd law : F_{net}=ma. Newton's 3rd law: For every force that is an equal and opposite force; action and reaction. Newton's Laws Problem Solving Tips These tips will make it easier to solve any force related physics problems. Thoroughly read the entire problem. Draw a diagram if needed. Include a diagram to show all forces acting on a particular body. Identify all given information. Identify the quantity to be found. Select appropriate formula(s) that incorporate what you 	
know and what you want to find.Convert units if needed. Use units throughout your	
calculations.Do any mathematical calculations carefully.	
Typical Dynamics Problem	
Example: A model rocket of mass 3 kg has an engine that produces 100N of upward thrust/force. What is the resulting acceleration of the model rocket when it is fired. Assume its mass is constant throughout its motion. Ignore any frictional forces.	
<u>Given information:</u> Mass = 3 kg Upward force = 100N	
Unknown:	
acceleration= ? F _{net} = ?	
First, find the weight of the rocket:Although the mass is known, that isn't the same as its weight.Using F=maWeight = $3 \text{kg} (-9.8 \text{m/s}^2) = -29.4 \text{N}$	
Second, find the net force on the rocket: Our upward force is considered positive, the weight negative. $F_{net}=\Sigma F = 100N-29.4N=70.6N$	
Lastly, solve for the acceleration: Use $F_{net}=ma$ 70.6N=3kg(a) a=23.5m/s ² applied force $F_{net}=applied$ force - weight weight	

How to Use This Cheat Sheet: These are the keys related this topic. Try to read through it carefully twice then recite it out on a blank sheet of paper. Review it again before the exams.